

Little League Pitch Count Rules

League Age	Maximum Pitch Count
17-18	105 pitches per day
13-16	95 pitches per day
11-12	85 pitches per day
9-10	75 pitches per day
7-8	50 pitches per day

- If a pitcher reaches the pitch count level while facing a batter, the pitcher may continue to pitch to that batter until the at-bat is completed.
- A pitcher who delivers 41 or more pitches in a game cannot play the position of catcher for the remainder of that day.

The following days of rest apply for pitchers league age 14 and under before being able to pitch again.

Total Pitch Count	Days of Rest
66+ pitches	Four calendar days of rest
51-65 pitches	Three calendar days of rest
36-50 pitches	Two calendar days of rest
21-35 pitches	One calendar day of rest
1-20 pitches	No (0) calendar days of rest required